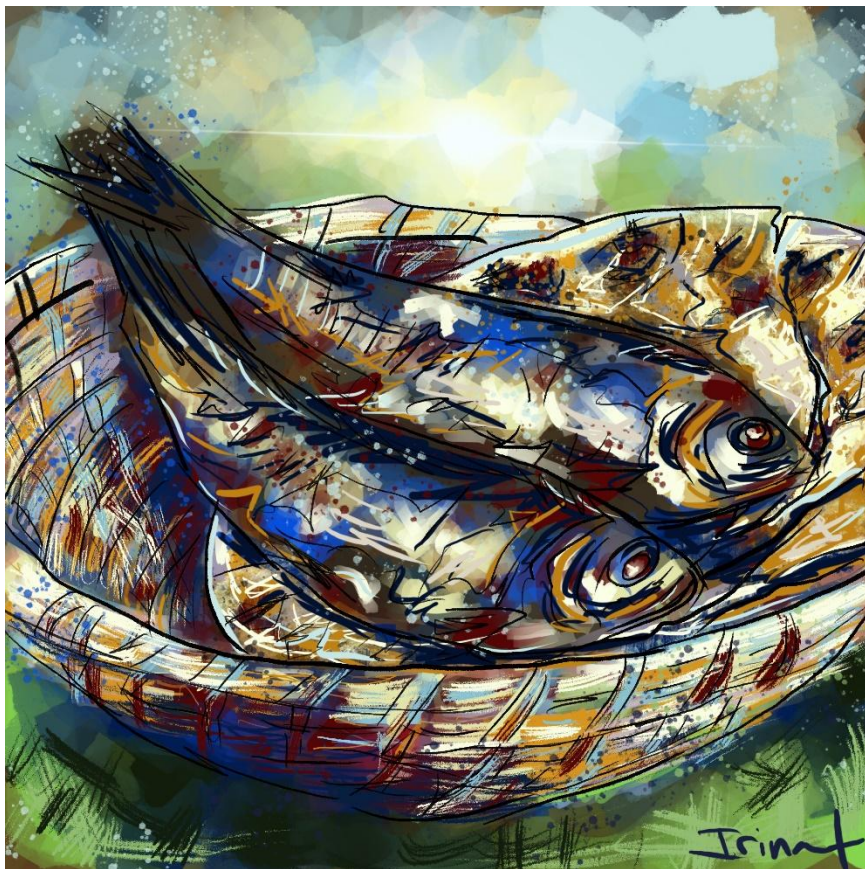


Welcome to St. Timothy's

The Tenth Sunday After
Pentecost



August 2nd, 2026
In-Person & Online Service at 10:00am

Logos

by Mary Oliver

Why worry about the loaves and fishes?
If you say the right words, the wine expands.
If you say them with love
and the felt ferocity of that love
and the felt necessity of that love,
the fish explode into many.
Imagine him, speaking,
and don't worry about what is reality,
or what is plain, or what is mysterious.
If you were there, it was all those things.
If you can imagine it, it is all those things.
Eat, drink, be happy.
Accept the miracle.
Accept, too, each spoken word
spoken with love.

The Gathering of the Community

Prelude: Sanctus (Missa Brevis)

(Benjamin Britten (1913-1976))

(Performed by Edward Connell)

608, Come, You Sinners, Poor and Needy

Come, you sinners, poor and needy,
weak and wounded, sick and sore,
Jesus, Son of God, will save you,
full of pity, love, and power.

Refrain

**I will arise and go to Jesus,
he will embrace me in his arms;
in the arms of my dear Saviour,
O there are ten thousand charms.**

Come, you thirsty, come, and welcome,
God's free bounty glorify;
true belief and true repentance,
every grace that brings you nigh. *Refrain*

Come, you weary, heavy laden,
lost and ruined by the fall;
If you tarry till you're better,
you will never come at all. *Refrain*

(Restoration)

Opening Sentences

Celebrant: The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People: **And also with you.**

Celebrant: Almighty God,

All: to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

The Gloria (sung)

All: Glory be to God on high,
peace to all beneath the sky.
Praise and blessing now we bring,
worship, glory to the King.
Praise to Christ, God's only Son;
all our sin has been undone.

Grant us mercy, Lord, we pray,
and receive our prayer today.
For you are the Holy One,
who, alone, the victory won,
with the Holy Spirit, Lord,
and the Father, glorious God.

(Page 3 of the Sacred Harp Mass booklet)

The Collect of the Day

Celebrant: Let us pray.

Almighty God,
your Son Jesus Christ fed the hungry
with the bread of his life
and the word of his kingdom.
Renew your people with your heavenly grace,
and in all our weakness
sustain us by your true and living bread,
who lives and reigns with you and the Holy
Spirit, one God, now and for ever.

All: Amen.

(Please be seated)

The Proclamation of the Word

*Each reading ends with the line “**Listen to what the Spirit is saying to the churches**” (as cited throughout Revelation chapters 2 and 3) to declare that the Scripture that has been read is given by the Holy Spirit for all churches yesterday, today, and for ever, not just the people to whom it was written in ancient times.*

A Reading from the Book of Isaiah

Ho, everyone who thirsts,
 come to the waters;
and you that have no money,
 come, buy and eat!
Come, buy wine and milk
 without money and without price.

Why do you spend your money for that which is not bread,
and your labour for that which does not satisfy?
Listen carefully to me, and eat what is good,
and delight yourselves in rich food.
Incline your ear, and come to me;
listen, so that you may live.
I will make with you an everlasting covenant,
my steadfast, sure love for David.
See, I made him a witness to the peoples,
a leader and commander for the peoples.
See, you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the Lord your God, the Holy One of Israel,
for he has glorified you.

Isaiah 55: 1 - 5 (NRSV)

Silence is kept for reflection.

Reader: Listen to what the Spirit is saying to the churches.

People: **Thanks be to God.**

Hymn: **For Psalm 145:8-9, 14-21**

Sweet is the memory of your grace,
my God, my heavenly King!
Let age to age your righteousness in sounds of glory sing.
God reigns on high, but ne'er confines
his goodness to the skies;
through the whole earth his bounty shines,
and every want supplies.

With longing eyes your creatures wait on you for daily food;
your liberal hand provides their meat,
and fills their mouths with good.
How kind are your compassions, Lord!
How slow your anger moves!
But soon God sends his pardoning word,
to cheer the souls he loves.

Creatures with all their endless race,
your power and praise proclaim;
but saints, who taste your richer grace,
delight to bless your name.
I will extol you, O my God, and praise you, O my King;
yes, every day and evermore your praises I will sing.
(Resignation 583)

Gospel Acclamation #1 *(Please stand as you are able)*

Alleluia, alleluia,
“This is my command,
to love each other as I have loved you.”
Alleluia.

(Page 6 of the Sacred Harp Mass booklet)

The Gospel *(Please remain standing as you are able)*

Reader: The Lord be with you.

People: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ,
according to Matthew.

People: **Glory to you, Lord Jesus Christ.**

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Matthew 14: 13 - 21 (NRSV)

Reader: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Gospel Acclamation #1

Alleluia, alleluia,
"This is my command,
to love each other as I have loved you."
Alleluia.

(Page 6 of the Sacred Harp Mass booklet)

(Please be seated)

Homily

The Rev. Irina Dubinski

Silence is kept.

*For Rev. Irina's blog visit
<https://irinasart.ca/spiritual-reflections/>
or scan the QR code.*



The Affirmation of Faith

(Please stand as you are able)

Celebrant: Jesus Christ said:

**All: the Lord our God, the Lord is one.
 Love the Lord your God
 with all your heart,
 with all your soul,
 with all your mind,
 and with all your strength.
 This is the first and the great commandment.
 The second is like it:
 Love your neighbour as yourself.
 There is no commandment greater than these.
 Amen.**

Prayers of the People

*(Please adopt the pose most comfortable for you - stand, sit or kneel
- and respond as indicated.)*

Leader: ... Gracious God,
All: hear our prayer.

Celebrant: Almighty and ever-living God, you have given
great and precious promises to those who
believe. Hear our prayers and grant us the
perfect faith which overcomes all doubts,
through your Son, Jesus Christ our Lord.

All: Amen.

Confession and Absolution

Celebrant: Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant: Most merciful God,
**All: we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,**

**and walk in your ways,
to the glory of your name. Amen.**

Celebrant: Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People: Amen.

The Peace (Please stand as you are able)

Celebrant: The peace of the Lord be always with you.

People: And also with you.

The Celebration of the Eucharist

Offertory Hymn: (Please stand as you are able)

60, I Come With Joy to Meet My Lord

I come with joy, a child of God,
forgiven, loved and free,
the life of Jesus to recall,
in love laid down for me,
in love laid down for me.

I come with Christians far and near
to find, as all are fed,
the new community of love

in Christ's communion bread,
in Christ's communion bread.

As Christ breaks bread, and bids us share,
each proud division ends.

The love that made us, makes us one,
and strangers now are friends,
and strangers now are friends.

The Spirit of the risen Christ,
unseen, but ever near,
is in such friendship better known,
alive among us here,
alive among us here.

Together met, together bound
by all that God has done,
we'll go with joy, to give the world
the love that makes us one,
the love that makes us one.

(Dove of Peace)

If you wish to make a donation and would like to use a donation envelope, they are available at the back of the church.

All cheques should be made payable to Church of St. Timothy.

You can also donate online through Canada Helps – just open your camera app and scan this code.



If the collection plate doesn't reach you and you have a donation, please hand it to a greeter as you leave the church.

Prayer over the Gifts

(Please stand as you are able)

Celebrant: Let us pray.

All: **God our sustainer,
accept all we offer you this day,
and feed us continually with that bread
which satisfies all hunger,
your Son our Saviour Jesus Christ. Amen.**

*During the **Eucharistic Prayer**, following Jesus' command to "do this in remembrance of me" (Luke 22:19), we give thanks for creation and salvation, recall his saving death and resurrection, and pray for the Holy Spirit to sanctify both the gifts and the people.*

***Bells** may be rung to draw attention to the Sanctus, moments when the Church recognises Christ's sacramental presence, echoing the awe shown when God draws near (Isaiah 6:4; Exodus 3:5), as indicated by + in the text of the prayer.*

*In the **Sanctus** (Holy, holy, holy) **and Benedictus** (Blessed is He) we join the song of heaven — "Holy, holy, holy" — sung by angels, saints, and all creation before God's throne (Isaiah 6:3; Revelation 4:8) as Christ comes among us. It reminds us that church worship on earth is concurrent with that in heaven. In the Benedictus — "Blessed is he who comes in the name of the Lord" (Psalm 118:26; Matthew 21:9) — we welcome Christ who once entered Jerusalem and who now comes to us in this holy meal.*

*The **Words of Institution** repeat Jesus' words at the Last Supper — "This is my body... this is my blood" (Luke 22:19–20; 1 Corinthians 11:23–26) — the Church remembers and proclaims his self-giving love made present in this meal.*

*In the **Epiclesis** we pray for the Holy Spirit to come upon the bread and wine and upon us, that we may be united in Christ's Body (1 Corinthians 10:16–17; Acts 2:1–4).*

(Please adopt the pose most comfortable for you - stand, sit or kneel)

Supplementary Eucharistic Prayer 2

Celebrant: May God be with you.

All: And also with you.

Celebrant: Lift up your hearts.

All: We lift them up to God.

Celebrant: Let us give thanks to God our Creator.

All: It is right to offer thanks and praise.

Celebrant: Eternal God, Source of all being,
we give you thanks and praise
for your faithful love.
You call us into friendship
with you and one another
to be your holy people,
a sign of your presence in the world.

When those we trust betray us,
unfailingly you remain with us.
When we injure others,
you confront us in your love
and call us to the paths of righteousness.

You stand with the weak,
and those, broken and alone,
whom you have always welcomed home,
making the first last, and the last first.

Therefore we raise our voices
with angels and archangels,
forever praising you and singing: +

**All (sung): Holy, holy, holy, Lord, God of power and
might,**

heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is He who comes in the name of the
Lord.
Hosanna in the highest. Hosanna in the highest.
(Page 11 of the Sacred Harp Mass booklet)

Celebrant: Blessed are you, O Holy One:
when you called Israel out of slavery,
you brought them through the wilderness
into the promised land.
When your people were taken into exile
you wept with them by the river of Babylon
and carried them home.

People: Restore us, O God, let your face shine!

Celebrant: At the right time you sent your Anointed One
to stand with the poor,
the outcast, and the oppressed.
Jesus touched lepers, and the sick, and healed
them.

Christ knew the desolation of the cross
and opened the way for all humanity
into the redemption of your reconciling love.

On the night he was betrayed,
Jesus, at supper with his friends,
took bread, gave you thanks, broke the bread,
gave it to them, and said, "Take and eat:
this is my body which is given for you.
Do this for the remembrance of me." +

After supper he took the cup of wine,

and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me." +

Loving and Holy One,
recalling Christ's death and resurrection,
we offer you these gifts,
longing for the bread of tomorrow
and the wine of the age to come.
Therefore we proclaim our hope.

**All: Dying you destroyed our death,
rising you restored our life.
Lord Jesus, come in glory.**

Celebrant: Pour out your Spirit on these gifts
that through them you may sustain us
in our hunger for your peace.
We hold before you
all whose lives are marked by suffering,
our sisters and brothers.
When we are broken and cast aside,
embrace us in your love.

All: Restore us, O God, let your face shine!

Celebrant: Through Christ, with Christ, and in Christ
in the unity of the Holy Spirit,
all honour and glory are yours,

O Source of all life,
now and for ever.

All: **Amen. +**

Lord's Prayer: *As children of one Creator, we pray the prayer Jesus taught (Matthew 6:9–13), asking for daily bread, forgiveness, and the coming of God's kingdom before sharing the bread of life.*

The Lord's Prayer

Celebrant: And now, as our Saviour Christ has taught us,
we are bold to say,

All: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Breaking of the Bread and Agnus Dei: *The breaking of the bread recalls the breaking of Christ's own body given for the life of the world. In the Agnus Dei, we name Christ as the Lamb of God (John 1:29), recalling the Passover lamb of Israel's deliverance (Exodus 12) and proclaiming him as our Paschal sacrifice (1 Corinthians 5:7).*

The Breaking of the Bread

Celebrant: We break the bread of life,
and that life is the light of the world.

**All: God here among us, light in the midst of us,
bring us to light and life.**

The Communion

Celebrant: The Gifts of God, for the People of God.

People: Thanks be to God.

Agnus Dei (sung by all)

**O Lamb of God, you take away the sin of the world.
You take away the sin of the world. Have mercy on us.**

**O Lamb of God, you take away the sin of the world.
You take away the sin of the world. Have mercy on us.**

**O Lamb of God, you take away the sin of the world.
You take away the sin of the world. O grant us peace.**

(Page 12 of the Sacred Harp Mass booklet)

*All persons are welcome to receive **Communion or a Blessing** as appropriate at our services. You may choose to receive both the bread and the wine or just the bread. Gluten free wafers are available. Please ask the priest for these as you come to receive. If you choose to receive a blessing, please cross your arms over your chest as you stand at the altar rail.*

Communion Solo:

For the Flowers (Rejoice in the Lamb)

For the flowers are great blessings.
For the flowers have their angels even the words of God's
Creation.

For the flower glorifies God
and the root parries the adversary.
For there is a language of flowers.
For flowers are peculiarly the poetry of Christ.
- Christopher Smart
(Benjamin Britten)
(Soloist: Alain Paquette)

Prayer after Communion

(Please stand as you are able)

Celebrant: Let us pray.

**All: God of grace,
we have shared in the mystery
of the body and blood of Christ.
May we who have tasted the bread of life
live with you for ever.
We ask this in the name of Jesus Christ our
Lord. Amen.**

Doxology

Celebrant: Glory to God,

**All: whose power, working in us, can do infinitely
more than we can ask or imagine. Glory to God
from generation to generation, in the Church
and in Christ Jesus, for ever and ever. Amen.**

The Blessing

Celebrant: The peace of God which passes all understanding
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All: Amen.

Community Notices

(Please be seated)

Recessional Hymn:

(Please stand as you are able)

Let Us Talents and Tongues Employ

Let us talents and tongues employ,
reaching out with a shout of joy.
Bread is broken, the wine is poured,
Christ is spoken and seen and heard.

Refrain

**Jesus lives again, earth can breathe again;
pass the Word around: loaves abound!
Jesus lives again, earth can breathe again;
pass the Word around: loaves abound!**

Christ is able to make us one.
At the table he sets the tone,
teaching people to live to bless,
love in word and in deed express. *Refrain*

Jesus calls us in, sends us out
bearing fruit in a world of doubt,
gives us love to tell, bread to share.
God (Emmanuel) everywhere! **Refrain**

(Linstead)

The Dismissal

Deacon: Go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude: Kyrie and Gloria (Missa Brevis)

(Benjamin Britten (1913-1976))

(Performed by Edward Connell)

Our worship is over – our service begins.



A warm welcome is
extended especially to all
visitors and newcomers.
Please join us for lemonade
on the lawn after the
service.

This Week at St. Timothy's

- *Morning Prayer with a Thought for the Day* will be broadcast online via Zoom every morning, **Monday to Friday at 9:30am.**
- *St. Andrew's Group* meets online via Zoom **on Wednesdays at 12:00nn** for lunch and fellowship.
- **Next Sunday, August 9th – *The Eleventh Sunday After Pentecost***
 - **10:00am:** Service of Holy Eucharist with Children's Programming

NOTE:

Sunday Adult Education and all weekday programs and services other than those listed above will be on break for the summer and will resume in September.

Week of August 3rd to 7th



Regular office hours are 10:00am to 3:00pm Monday to Friday.

In-Person office hours will vary in the summer so please call ahead for an appointment.

Ashani will be on vacation till August 10th.

Music Note from Ed Connell

2026 Composer Anniversaries

This summer, I shall continue my recent summer practise of playing works by composers whose anniversaries occur in 2026. This year, it happens that a number of well known English organist/composers have anniversaries, and I will alternate them with other composers from various genres. There are often colourful stories connected to each of these composers, and I'll try to include a brief bio and background as we make our way through the series.

Benjamin Britten (1913-1976)

Of all the composers whose anniversaries are being celebrated this summer, none occupy a higher position in the musical

canon than The Right Honourable The Lord Britten, OM CH. His honorifics alone amply display the regard with which he is held in his native England. He apparently declined a knighthood, partly because he already had two even higher honours (Companion of Honour, 1953, and Order of Merit, 1965), and towards the end of his life, became the first musician ever made a life peer. This is all the more remarkable when one considers that he was very visibly and publicly in a life-long relationship with Sir Peter Pears, including multiple decades in which homosexuality remained illegal in his native land, and perhaps even more damning, that he was a conscientious objector during WWII.

The fifty years since his death have however enhanced his reputation as a composer with a wide range of masterworks, including opera, vocal music, choral music, orchestral and chamber pieces. His best known works include the opera *Peter Grimes* (1945), the *War Requiem* (1962) *A Ceremony of Carols* (1942) and *The Young Person's Guide to the Orchestra* (1945).

It is worth noting that three of the above listed works involve children, and music intended for children as performers or listeners was a significant focus of much of Britten's work, including the voluntaries today, which are my own solo-organ adaptations of a 1959 work for boys' voices and organ. Of his fourteen operas, a recurring theme is the struggle of an outsider against a hostile society, and the corruption of innocence. He often wrote music with particular performers in mind. His most frequent and important muse was his personal and professional partner Peter Pears, but others included Kathleen Ferrier, Janet Baker, Dennis Brain, Julian Bream, Dietrich Fischer-Dieskau, Osian Ellis and Mstislav Rostropovich. He was a renowned pianist and conductor, and together with Pears, he founded the Aldeburgh Festival in 1948.

Britten was born in the fishing port of Lowestoft in Suffolk on the feast day of Saint Cecilia, the patron saint of music. His father was an agnostic and a dentist, while his mother was a talented amateur musician. Music was the principal means by which Edith, his mother, strove to maintain the family's social standing. Highly gifted musically as a child, he was brought up on live music, as his father refused to allow either gramophone or radio in the family home.

At three months of age, he nearly died of pneumonia, and the resulting damaged heart created a lifetime of weakened health. But he was also skilled at mathematics, studied piano and viola, and began prolifically composing while still a child. While still a teen, he became a composition student of Frank Bridge. By the time he became a student at the Royal College of Music, he was also finding influence and guidance from John Ireland, while simultaneously absorbing the styles of Gustav Mahler, and both Stravinsky and Shostakovich.

He became good friends with W. H. Auden, who helped guide him out of his repressed and conservative nature. Many scores were created for the theatre, cinema and radio, and in 1937 were two major events, the death of his mother, and his first meeting with Peter Pears.

By 1939, he and Pears were an established couple who were also pacifists, and so they sailed first to Canada and then to New York. His name and compositions were by then becoming quite famous globally, as he began to turn his attention to opera.

In 1944, the opera *Peter Grimes* firmly fixed his position as a major composer. From then on, he somewhat settled into his role as one of the greatest living composers, eventually founding the Aldeburgh Festival and spearheading the

building of the Snape concert hall. In 1962, the War Requiem saw Britten at the apex of his reputation; it was almost universally hailed as a masterpiece. Shostakovich called it “the greatest work of the 20th century.” The more than six decades that have elapsed since its premiere have to a great extent added considerable credence to Shostakovich’s assessment.

After his death, Westminster Abbey offered official burial there, but Britten had been clear that his grave was to lie in Aldeburgh side by side with Pears.

He was a difficult personality, and was known for dumping friends and colleagues who were no longer of interest to him. In 1981, Janet Baker said that “he was quite entitled to take what he wanted from others...the task in hand was more important than anything or anybody.”

While his status diminished briefly following his death, it has since steadily climbed ever higher, and he stands today as England’s greatest composer (along with Henry Purcell). Musicologist Philip Brett said that “his effect on everything from opera to the revitalize of music education is impossible to overestimate.” His popularity is, according to some, found in the progressive conservatism of his music. Britten himself defined his mission as a composer as simply “pleasing people as seriously as we can.” The 100th anniversary of his birth saw his entire output performed on five continents, with the War Requiem receiving eighteen productions in Britain alone.

Both the man and his music present challenges to the uninitiated that with effort reap rich rewards. Speaking personally, decades ago I saw a Metropolitan Opera touring production of Peter Grimes in Minneapolis, my first encounter with Britten, and was utterly overwhelmed by the power of the music and the intensity of the experience.