

**Welcome to St. Timothy's**

**The Third Sunday After  
Pentecost**



June 14th, 2026  
In-Person & Online Service at 10:00am

## sarah's promise

who understands better than i  
the hunger in old bones  
for a son? so here we are  
abraham with his faith  
and i my fury. jehovah,  
i march into the thicket  
of your need and promise you  
the children of young women,  
yours for a thousand years.  
their faith will send them to you,  
docile as abraham. now,  
speak to my husband.  
spare me my one good boy.

*This poem imagines the words Sarah might have prayed in response to the proposed sacrifice of her son.*

*Lucille Clifton was born in 1936 in DePew, New York, and grew up in Buffalo. She was discovered as a poet by Langston Hughes, who published Clifton's poetry in his highly influential anthology, *The Poetry of the Negro* (1970). A prolific and widely respected poet, Lucille Clifton's work emphasizes endurance and strength through adversity, focusing particularly on African-American experience and family life. In addition to the Ruth Lilly prize, Clifton was the first author to have two books of poetry chosen as finalists for the Pulitzer Prize. In addition to her numerous poetry collections, she wrote many children's books. Her writing covered countless subjects in important ways, leading her poetry to be read by people with a wide variety of backgrounds and interests.*

# The Gathering of the Community

*Prelude: Trio et Tierce en taille* (Pierre Du Mage)  
(Performed by Edward Connell)

*Processional Hymn:* (Please stand as you are able)

## **7, New Every Morning Is the Love**

New every morning is the love  
our wakening and uprising prove;  
through sleep and darkness safely brought,  
restored to life and power and thought.

New mercies, each returning day,  
hover around us while we pray;  
new perils past, new sins forgiven,  
new thoughts of God, new hopes of heaven.

If on our daily course our mind  
be set to hallow all we find,  
new treasures still of countless price,  
God will provide for sacrifice.

The trivial round, the common task,  
will furnish all we ought to ask;  
room to deny ourselves, a road  
to bring us daily nearer God.

Only, O Lord, in thy dear love,  
fit us for perfect rest above;  
and help us, this and every day,  
to live more nearly as we pray.

(Melcombe, vs. 1-3, 5-6)

## *Opening Sentences*

Celebrant: The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**People: And also with you.**

Celebrant: Almighty God,

**All: to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## *Gloria (sung)*

**All: Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly king,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:**

receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

*(Page 3 of The Mass of St. Timothy booklet.)*

### *The Collect of the Day*

Celebrant: Let us pray.  
Almighty God,  
without you we are not able to please you.  
Mercifully grant that your Holy Spirit  
may in all things direct and rule our hearts;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy  
Spirit,  
one God, now and for ever.

**All: Amen.**

*(Please be seated)*

*(The children will come up to the front for the message)*

### *Children's Message*

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## The Proclamation of the Word

*Each reading ends with the line “Listen to what the Spirit is saying to the churches” (as cited throughout Revelation chapters 2 and 3) to declare that the Scripture that has been read is given by the Holy Spirit for all churches yesterday, today, and for ever, not just the people to whom it was written in ancient times.*

### *A Reading from the Book of Genesis*

Later, the Lord again appeared to Abraham near the great trees of Mamre. At that time Abraham was sitting at the door of his tent. He looked up and saw three men standing near him. When Abraham saw them, he ran from his tent to meet them. He bowed facedown on the ground before them. Then Abraham hurried to the tent where Sarah was. He said to her, “Hurry, prepare 20 quarts of fine flour. Make it into loaves of bread.”

Abraham gave the three men the calf that had been cooked. He also gave them milk curds and milk. Then the Lord said, “I will certainly return to you about this time a year from now. At that time your wife Sarah will have a son.”

Sarah was listening at the entrance of the tent which was behind him. So she laughed to herself, “My husband and I are too old to have a baby.” Then the Lord said to Abraham, “Is anything too hard for the Lord? No! I will return to you at the right time a year from now. And Sarah will have a son.”

Sarah became pregnant. And she gave birth to a son for Abraham in his old age. Abraham was 100 years old when

his son Isaac was born. And Sarah said, "God has made me laugh. Everyone who hears about this will laugh with me."

*Genesis 18 & 21 (selected verses) (ICB)*

*Silence is kept for reflection.*

Reader: Listen to what the Spirit is saying to the churches.

People: **Thanks be to God.**

*Psalm 116: 1, 10 - 17*

I love the Lord, because he has heard the voice of  
my supplication, \*

**because he has inclined his ear to me whenever  
I called upon him.**

How shall I repay the Lord \*

**for all the good things he has done for me?**

I will lift up the cup of salvation \*

**and call upon the name of the Lord.**

I will fulfil my vows to the Lord \*

**in the presence of all his people.**

Precious in the sight of the Lord \*

**is the death of his servants.**

O Lord, I am your servant; \*

**I am your servant and the child of your handmaid;  
you have freed me from my bonds.**

I will offer you the sacrifice of thanksgiving \*

**and call upon the name of the Lord.**

I will fulfil my vows to the Lord \*

**in the presence of all his people.**

In the courts of the Lord's house, \*

**in the midst of you, O Jerusalem.  
Hallelujah!**

Glory to the Father and to the Son  
and to the Holy Spirit;  
**as it was in the beginning is now  
and shall be for ever. Amen.**

*A Reading from the Letter to the Romans*

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

*Romans 5: 1 - 8 (NRSV)*

*Silence is kept for reflection.*

**Reader:** Listen to what the Spirit is saying to the churches.  
**People:** **Thanks be to God.**

*Gospel Acclamation #2*

*(Please stand as you are able)*

Blessed are the poor in spirit; all of heaven will be theirs.

Blessed are the sad and mournful;

God will wipe away their tears.

Alleluia, amen.

*(Page 7 of The Mass of St. Timothy booklet)*

*The Gospel*

*(Please remain standing as you are able)*

Reader: The Lord be with you.

People: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ,  
according to Matthew.

People: **Glory to you, Lord Jesus Christ.**

Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.'

As you go, proclaim the good news, "The kingdom of heaven has come near." Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.'

*Matthew 9:35 – 38, 10: 7 – 8 (NRSV)*

Reader: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

## *Gospel Acclamation #2*

Blessed, too, are those who hunger and  
who thirst for what is right.  
They will never seek to wander, for in you is their delight.  
Alleluia, amen.

*(Page 7 of The Mass of St. Timothy booklet)*

*(Please be seated)*

## *Homily*

*The Rev. Irina Dubinski*

*Silence is kept.*

*For Rev. Irina's blog visit*  
<https://irinasart.ca/spiritual-reflections/>  
*or scan the QR code.*



*(Please remain seated for the Anthem)*

## *Anthem:*

### *Jubilate Deo*

O be joyful in the Lord, all ye lands:  
serve the Lord with gladness, and come before his  
presence with a song.

Be ye sure that the Lord he is God:  
it is he that hath made us, and not we ourselves;  
we are his people and the sheep of his pasture.  
O go your way into his gates with thanksgiving,  
and into his courts with praise;

be thankful unto him and speak good of his Name.  
For the Lord is gracious, his mercy is everlasting,  
and his truth endureth from generation to generation.  
Glory be to the Father and to the Son and to the Holy Ghost;  
as it was and ever shall be: world without end. Amen.

*(Peter Anglea)*

*The Affirmation of Faith*

*(Please stand as you are able)*

Celebrant: Jesus Christ said:

**All: the Lord our God, the Lord is one.**

**Love the Lord your God**

**with all your heart,**

**with all your soul,**

**with all your mind,**

**and with all your strength.**

**This is the first and the great commandment.**

**The second is like it:**

**Love your neighbour as yourself.**

**There is no commandment greater than these.**

**Amen.**

*Prayers of the People*

*(Please adopt the pose most comfortable for you - stand, sit or kneel  
- and respond as indicated.)*

Leader: ... Gracious God,

**All: hear our prayer.**

Celebrant: God of glory and love, peace comes from you alone. Hear us as we pray, fill our hearts with joy in your promises of salvation and send us as peacemakers and witnesses to your kingdom; through your Son, Jesus Christ our Lord.

**All: Amen.**

### *Confession and Absolution*

Celebrant: Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
he welcomes sinners  
and invites them to his table.  
Let us confess our sins,  
confident in God's forgiveness.

*Silence is kept.*

Celebrant: Most merciful God,  
**All: we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Celebrant: Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord.

**People: Amen.**

*The Peace*

*(Please stand as you are able)*

Celebrant: The peace of the Lord be always with you.

**People: And also with you.**

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## **The Celebration of the Eucharist**

*Offertory Hymn:*

*(Please stand as you are able)*

### **349, All People That On Earth Do Dwell**

All people that on earth do dwell,  
sing to the Lord with cheerful voice;  
him serve with mirth, his praise forth tell;  
come ye before him, and rejoice.

Know that the Lord is God indeed;  
without our aid he did us make;  
we are his folk, he doth us feed,  
and for his sheep he doth us take.

O enter then his gates with praise,  
approach with joy his courts unto;  
praise, laud, and bless his name always,  
for it is seemly so to do.

For why, the Lord our God is good;  
his mercy is forever sure;  
his truth at all times firmly stood,  
and shall from age to age endure.

*(Old 100th)*

*If you wish to make a donation and would like to use a donation envelope, they are available at the back of the church.  
All cheques should be made payable to Church of St. Timothy.*

*You can also donate online through Canada Helps – just open your camera app and scan this code.*



*If the collection plate doesn't reach you and you have a donation, please hand it to a greeter as you leave the church.*

***Prayer over the Gifts***

*(Please stand as you are able)*

**Celebrant:** Let us pray.

**All:** **God of reconciliation and forgiveness,  
the saving work of Christ has made our peace  
with you.**

**May that work grow toward its perfection  
in all we offer you this day.**

**We ask this in his name. Amen.**

During the **Eucharistic Prayer**, following Jesus' command to "do this in remembrance of me" (Luke 22:19), we give thanks for creation and salvation, recall his saving death and resurrection, and pray for the Holy Spirit to sanctify both the gifts and the people.

**Bells** may be rung to draw attention to the Sanctus, moments when the Church recognises Christ's sacramental presence, echoing the awe shown when God draws near (Isaiah 6:4; Exodus 3:5), as indicated by + in the text of the prayer.

In the **Sanctus** (Holy, holy, holy) **and Benedictus** (Blessed is He) we join the song of heaven — "Holy, holy, holy" — sung by angels, saints, and all creation before God's throne (Isaiah 6:3; Revelation 4:8) as Christ comes among us. It reminds us that church worship on earth is concurrent with that in heaven. In the **Benedictus** — "Blessed is he who comes in the name of the Lord" (Psalm 118:26; Matthew 21:9) — we welcome Christ who once entered Jerusalem and who now comes to us in this holy meal.

The **Words of Institution** repeat Jesus' words at the Last Supper — "This is my body... this is my blood" (Luke 22:19–20; 1 Corinthians 11:23–26) — the Church remembers and proclaims his self-giving love made present in this meal.

In the **Epiclesis** we pray for the Holy Spirit to come upon the bread and wine and upon us, that we may be united in Christ's Body (1 Corinthians 10:16–17; Acts 2:1–4).

*(Please adopt the pose most comfortable for you - stand, sit or kneel)*

## **Eucharistic Prayer 1**

**Celebrant:** The Lord be with you.

**People:** **And also with you.**

**Celebrant:** Lift up your hearts.

**People:** **We lift them to the Lord.**

**Celebrant:** Let us give thanks to the Lord our God.

**People:** **It is right to give our thanks and praise.**

Celebrant: It is indeed right that we should praise you,  
gracious God,  
for you created all things.  
You formed us in your own image:  
male and female you created us.  
When we turned away from you in sin,  
you did not cease to care for us,  
but opened a path of salvation for all people.  
You made a covenant with Israel,  
and through your servants Abraham and Sarah  
gave the promise of a blessing to all nations.  
Through Moses you led your people  
from bondage into freedom;  
through the prophets  
you renewed your promise of salvation.  
Therefore, with them, and with all your saints  
who have served you in every age,  
we give thanks and raise our voices  
to proclaim the glory of your name. +

**All (sung): Holy, holy, holy, Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is the One who comes in the name of  
the Lord.  
Hosanna in the highest.**

*(Page 10 of The Mass of St. Timothy booklet)*

Celebrant: Holy God, source of life and goodness,  
all creation rightly gives you praise.  
In the fullness of time,

you sent your Son Jesus Christ,  
to share our human nature,  
to live and die as one of us,  
to reconcile us to you,  
the God and Father of all.  
He healed the sick  
and ate and drank with outcasts and sinners;  
he opened the eyes of the blind  
and proclaimed the good news of your kingdom  
to the poor and to those in need.  
In all things he fulfilled your gracious will.

On the night he freely gave himself to death,  
our Lord Jesus Christ took bread,  
and when he had given thanks to you,  
he broke it, and gave it to his disciples,  
and said, "Take, eat:  
this is my body which is given for you.  
Do this for the remembrance of me." +  
After supper he took the cup of wine;  
and when he had given thanks,  
he gave it to them,  
and said, "Drink this, all of you:  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me." +

Gracious God, his perfect sacrifice  
destroys the power of sin and death;  
by raising him to life  
you give us life for evermore.

Therefore we proclaim the mystery of faith.

**People:** **Christ has died. Christ is risen.  
Christ will come again.**

Celebrant: Recalling his death,  
proclaiming his resurrection,  
and looking for his coming again in glory,  
we offer you, Father, this bread and this cup.  
Send your Holy Spirit upon us  
and upon these gifts,  
that all who eat and drink at this table  
may be one body and one holy people,  
a living sacrifice in Jesus Christ, our Lord.  
Through Christ, with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all glory is yours, almighty Father,  
now and for ever.

**All:** **Amen. +**

*Lord's Prayer: As children of one Creator, we pray the prayer Jesus taught (Matthew 6:9–13), asking for daily bread, forgiveness, and the coming of God's kingdom before sharing the bread of life.*

### *The Lord's Prayer*

Celebrant: And now, as our Saviour Christ has taught us,  
we are bold to say,

**All (sung): Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,**

on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

*(Page 14 of The Mass of St. Timothy booklet)*

***Breaking of the Bread and Agnus Dei:*** *The breaking of the bread recalls the breaking of Christ's own body given for the life of the world. In the Agnus Dei, we name Christ as the Lamb of God (John 1:29), recalling the Passover lamb of Israel's deliverance (Exodus 12) and proclaiming him as our Paschal sacrifice (1 Corinthians 5:7).*

### ***The Breaking of the Bread***

Celebrant: We break the bread of life,  
and that life is the light of the world.

**All:** **God here among us, light in the midst of us,  
bring us to light and life.**

### ***The Communion***

Celebrant: The Gifts of God, for the People of God.

**People:** **Thanks be to God.**

*Agnus Dei (sung by all)*

**Lamb of God, you take away the sin of the world:**

**Have mercy on us.**

**Lamb of God, you take away the sin of the world:**

**Have mercy on us.**

**Lamb of God, you take away the sin of the world:**

**Grant us peace.**

*(Page 16 of The Mass of St. Timothy booklet)*

*All persons are welcome to receive **Communion or a Blessing** as appropriate at our services. You may choose to receive both the bread and the wine or just the bread. Gluten free wafers are available. Please ask the priest for these as you come to receive. If you choose to receive a blessing, please cross your arms over your chest as you stand at the altar rail.*

*If you would like to receive an **Anointing**, please proceed to the chapel on the right where one of the anointers will meet with you.*

**Communion Hymns:**      *(Congregational singing while seated)*

**608, Come, You Sinners, Poor and Needy**

Come, you sinners, poor and needy,  
weak and wounded, sick and sore,  
Jesus, Son of God, will save you,  
full of pity, love, and power.

***Refrain***

**I will arise and go to Jesus,  
he will embrace me in his arms;**

**in the arms of my dear Saviour,  
O there are ten thousand charms.**

Come, you thirsty, come, and welcome,  
God's free bounty glorify;  
true belief and true repentance,  
every grace that brings you nigh. *[Refrain]*

Come, you weary, heavy laden,  
lost and ruined by the fall;  
if you tarry till you're better,  
you will never come at all. *[Refrain]*

*(Restoration)*

### **And Can It Be That I Should Gain**

And can it be that I should gain  
an interest in the Saviour's blood?  
Died he for me, who caused his pain?  
For me, who him to death pursued?  
Amazing love! how can it be  
that thou, my God, shouldst die for me?

#### *Refrain*

**Amazing love! how can it be  
that thou, my God, shouldst die for me?**

He left his Father's throne above,  
(so free, so infinite his grace!),  
humbled himself (so great his love!),  
and bled for all his chosen race!  
'Tis mercy all, immense and free,  
for, O my God, it found out me. *[Refrain]*

Long my imprisoned spirit lay  
fast bound in sin and nature's night.  
Thine eye diffused a quickening ray;  
I woke - the dungeon flamed with light!  
My chains fell off, my heart was free,  
I rose, went forth, and followed thee. *[Refrain]*

No condemnation now I dread:  
Jesus, and all in him, is mine!  
Alive in him, my living Head,  
and clothed in righteousness divine,  
bold I approach the eternal throne,  
and claim the crown, through Christ my own. *[Refrain]*  
*(Sagina)*

*Prayer after Communion* (Please stand as you are able)

Celebrant: Let us pray.

**All: Holy and blessed God,  
as you give us the body and blood of your Son,  
guide us with your Holy Spirit,  
that we may honour you not only with our lips  
but also in our lives.  
This we ask in the name of Jesus Christ our  
Lord. Amen.**

*Doxology*

Celebrant: Glory to God,

**All: whose power, working in us, can do infinitely  
more than we can ask or imagine. Glory to God**

**from generation to generation, in the Church  
and in Christ Jesus, for ever and ever. Amen.**

*The Blessing*

Celebrant: The peace of God which passes all understanding  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All: Amen.**

*Community Notices*

*(Please be seated)*

*Recessional Hymn:*

*(Please stand as you are able)*

**306, O For a Thousand Tongues To Sing**

O for a thousand tongues to sing  
my great Redeemer's praise,  
the glories of my God and King,  
the triumphs of his grace.

Jesus! the name that charms our fears  
and bids our sorrows cease;  
'tis music in the sinner's ears,  
'tis life, and health, and peace.

He speaks; and, listening to his voice,  
new life the dead receive;  
the mournful, broken hearts rejoice,  
the humble poor believe.

Hear him, ye deaf, ye voiceless ones,  
your loosened tongues employ;  
ye blind, behold your Saviour come,  
and leap, ye lame, for joy!

My gracious Master and my God,  
assist me to proclaim,  
to spread through all the earth abroad  
the honours of thy name.

*(Richmond)*

### *The Dismissal*

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

*Postlude: Plein Jeu et Grande Jeu* (Pierre Du Mage)

*(Performed by Edward Connell)*

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**Our worship is over  
– our service begins.**

## Altar Flower Memorial

The flowers in the church today are given to the Glory of God



by Gini, Carolyn, Nigel, Jonathan,  
Nita and the grandchildren

in loving memory of

Dr. Gordon Hunter,

beloved husband, father, and

grandfather.

“Forever in Our Hearts”.

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## Indoor Picnic Today

A warm welcome is extended especially to all  
visitors and newcomers.

Today in place of coffee hour, you are invited to  
an indoor family-style meal to celebrate the start  
of summer! Please make your way to Soward Hall  
for our indoor picnic.

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## This Week at St. Timothy's

- *Morning Prayer with a Thought for the Day* will be broadcast online via Zoom every morning, **Monday to Friday at 9:30am.**

- *Mid-Week Eucharist* every **Wednesday at 11:30am.**
- *St. Andrew's Group* meets in-person in the Parlour **on Wednesdays at 12:00nn** for lunch and fellowship.
- **Next Sunday, June 21st – *The Fourth Sunday After Pentecost***
  - **10:00am:** Service of Holy Eucharist with Children's Programming

## Week of June 15th to 19th



The Office is open for **in-person drop ins** on Tuesday, Wednesday & Thursday this week from 10:00am – 3:00pm. Please call ahead and **make an appointment** if you wish to meet with a specific member of the clergy or staff.

## Prayer List:

**Please pray with us this morning and throughout this week for the following:**

**The Anglican Church of Canada:** Shane, our Primate; Anne, our Metropolitan; Chris, our National Indigenous Archbishop; Andrew, Riscylla and Kevin, our college of bishops; Irina, our Incumbent; Ann, our Honorary Assistant; Lutzen, our Postulant.