

# What's Happening at St. Timothy's



Friday, February 6th, 2026



	Sunday, February 8th	<b>10:00am</b> Service of Holy Eucharist <i>The Fifth Sunday After Epiphany</i>
	Monday, February 9th to Friday, February 13th	<b>9:30am</b> Morning Prayer via Zoom ( <a href="https://sttimothy.ca/services/upcoming-online-services/">https://sttimothy.ca/services/upcoming-online-services/</a> for the links)
	Sunday, February 15th	<b>10:00am</b> Service of Holy Eucharist <i>The Last Sunday After Epiphany / Transfiguration</i>
	Wednesday, February 18th	<b>11:30am &amp; 7:30pm</b> Ash Wednesday Services <i>Holy Eucharist and Imposition of Ashes</i>



Sunday, February 8th	<b>8:30am</b> Adult Education
Tuesday, February 10th	<b>10:00am – 12:30pm</b> ESL Conversation Group
	<b>1:00 – 2:00pm</b> Open Church Drop-In Hour
Wednesday, February 11th	<b>10:00 – 11:00am</b> Contemplative Art
	<b>12:00nn</b> St. Andrew's Group Meeting ( <i>online</i> )
	<b>1:00 – 2:00pm</b> Open Church Drop-In Hour
Thursday, February 12th	<b>1:00 – 2:00pm</b> Open Church Drop-In Hour
Sunday, February 15th	<b>8:30am</b> Adult Education
Tuesday, February 17th	<b>5:30 – 7:00pm</b> Pancake Tuesday

## *From the Incumbent*

We had a very busy and enjoyable weekend last week, both at Breakaway and here at home. I split my time between the two locations and even managed to dispatch two of my three children to their gymnastics meets—on the same day, in diametrically opposite directions out of town. They both did fantastically. The highlights of my time at Breakaway included doing our best (and at times failing spectacularly!) to follow a yoga DVD with a few fellow early birds on Saturday morning, a magical afternoon cross-country skiing through the forest with my son, lively mealtime conversations, and creating a rather avant-garde-looking collage during one of the sessions.



Back at church on Sunday, Mike Janzen truly blew our socks off. Not only is he a virtuosic pianist—capable of playing even while wearing oven mitts (which he literally did for one piece!)—he is also a compelling speaker. He generously shared the story of his three-year recovery from a concussion, the role his faith played in returning to composing and arranging music, and the place of music within his spiritual life. I highly encourage you to watch the recital here:

<https://www.youtube.com/live/rWVSCHj2bEo?si=0jfNh8tExMs4U3z>

If you have a touch screen, you should even be able to zoom in and watch his hands make use of nearly every key on the keyboard, seemingly whenever he felt like it!

Looking ahead, a new church season is already on the horizon. Lent begins in just under a couple of weeks. **Ash Wednesday falls on February 18**, with our usual **services at 11:30 a.m. and 7:30 p.m.** Of course, this also means that our **Pancake Supper** is just around the corner, **on February 17 from 5:30 to 7:00 p.m.** Please let Anne DeGrasse know if you are able to help flip pancakes, set up, or assist with cleanup.

### **Lenten Education**

Throughout Lent, we will offer two special seasonal education opportunities.

- 1) **On Sunday mornings**, from 8:30 to 9:30 a.m., we will explore the traditional Lenten disciplines—prayer, reading Scripture, almsgiving, and fasting—consider their scriptural roots, make connections to music and art, and brainstorm ways to practice these disciplines in contemporary life in a non-punitive and life-giving way.
- 2) The second study opportunity will take place **on Mondays at noon**, beginning February 23, with lunch provided. Titled *Embodyed Love: From Creation to the Cross*, this series will explore the facets of our humanity that most closely reflect God's presence in the world and imitate Jesus' self-giving. The sessions will be co-led by me, Jonathan, and guest facilitator Thomas Lai, who is an expressive arts therapist with a particular interest in spirituality explored through music, movement, and art. This series is intentionally experiential rather than academic, so please consider attending even if education sessions are not usually part of your routine.

At the end of the month, our **Annual Vestry Meeting** will take place on **Sunday, February 22** following the service. An additional Q&A session focused specifically on parish finances will be held before the service. Annual reports will be distributed this weekend.

Lastly, on **Thursday February 12 at lunchtime**, we will also gather again for **Companions in Care**. All those who serve as caregivers—whether in practical or spiritual ways—are warmly invited to join us for lunch, Scripture reading, conversation about home communion and stocking frozen meals at the church, and a time of mutual support.

Blessings,

*Irina+*  
Incumbent

## *Wardens' Corner*

### **Annual Vestry Meeting**

Notice is hereby given that the Annual Vestry meeting of the Church of St. Timothy will be held on Sunday, February 22<sup>nd</sup> immediately after the 10:00am service. A light lunch will be served, and babysitting will be available.

The purpose of this meeting is to review what has happened over the past year and outline plans for 2026.

Everyone is welcome to attend this meeting.

For those who are interested in more in-depth financial information, a pre-vestry meeting will be held at 8:30am in the parlour the same day.

#### **In order to vote you must be able to make the following declaration:**

##### Declaration

"I solemnly declare that I have been a member of the Anglican Church of Canada and of this congregation for at least three (3) months, that I have attended regularly scheduled services of worship with this congregation at least three (3) times in the past year, that I am of the full age of sixteen (16) years and that I have not voted as a member of any other vestry during the previous three (3) months, nor do I intend to vote in any other vestry during the ensuing year".

Vestry Reports will be emailed on or before February 8<sup>th</sup>. If you need a printed copy, please contact Ashani.

*Mary, Michael, Deb and Bruce*

# Shrove Tuesday Pancake Supper



*Mark your calendars now  
for Pancake Tuesday Supper  
at St. Timothy's on*



**February 17th from 5:30 to 7:00pm.**

**Invite your neighbours and family members.**

All you can eat pancakes and sausages and ice cream for dessert.

**Adults** from 12 to infinity \$7.00

**Children** 4 to 11 \$4.00

**Toddlers** under 4 eat for free.

We are also looking for volunteers to help.

Please email Anne DeGrasse if you're available to help in anyway.

[drdegrasse@rogers.com](mailto:drdegrasse@rogers.com)



# All are welcome

# Ash Wednesday



February 18<sup>th</sup>, 2026

Services at 11:30am & 7:30pm

# Lent

2026

February 18  
– April 04

learn  
reflect  
simplify  
give

St Tim's  
Lenten  
Studies

**Sundays, 8:30 am:**  
"Exploring Lenten Disciplines"

**Mondays, noon:**  
"Embodied Love:  
From Creation to the Cross"

## OUTREACH CORNER

### **Vestry Motion for 2026:**

### **Recommitting to "Protect, Sustain and Renew the Life of the Earth."**

In our baptismal covenant, we pledge to “safeguard the integrity of God’s creation and respect, sustain and renew the life of the earth.” This is part of our worship of God who created all things and our duty of care to our neighbour, particularly those who are most vulnerable to a changing climate. Cast the Net call #8 in particular calls us to “intensify advocacy and action in response to the climate crisis.”

For many of us in the Diocese of Toronto, 2025 was the year that the climate crisis truly hit home. Wildfires, an increasingly regular feature of summers in much of northern and western Canada, raged in our own communities of Kawartha Lakes and Haliburton. Farmers’ crops and suburban gardens suffered under drought conditions. And the city of Toronto had six heat warnings this past summer – double or triple those in recent years.

There are things we can do as individuals and as parish communities to minimize and mitigate our climate impacts. But we also need to raise our voices with our elected officials and hold them accountable to their climate action commitments.

The following Motion will be presented at Vestry:

We, the parish of St Timothy's North Toronto in the Diocese of Toronto, pledge to honour our baptismal commitment to “safeguard the integrity of God’s creation” and urge the Government of Canada to honour its commitments to the Paris Accord, 2015: to reduce greenhouse gas (GHG) emissions by 40-45% below 2005 levels by 2030 and to achieve net-zero emissions by 2050.

# Donating to the Church

We encourage all of you to continue to give generously in support of the work that continues at St. Tim's. The needs are great.

- Pre-Authorized Giving (PAG) – If you are already on pre-authorized giving you do not need to do anything and we are very grateful for your continued support.  
If you would like to shift to pre-authorized giving, even if only in the short term, please contact Jane Hutchinson, at [envelopesecretary@sttimothy.ca](mailto:envelopesecretary@sttimothy.ca)
- Envelopes & Cheques – If you use envelopes, we encourage you to mail those envelopes in, addressed to The Envelope Secretary.  
100 Old Orchard Grove, Toronto, ON, M5M 2E2  
Cheques should be made payable to **Church of St. Timothy**.
- Online Donations – We are able to receive electronic transfers. To donate, **add** Church of St. Timothy to your payee list and e-transfer your donation to [office@sttimothy.ca](mailto:office@sttimothy.ca)



## Contact Us

The Rev'd Dr. Irina Dubinski (Incumbent) [priest@sttimothy.ca](mailto:priest@sttimothy.ca)

Jonathan Kang (Lay Pastoral Associate) [associate@sttimothy.ca](mailto:associate@sttimothy.ca)

Cassidy Tsang (Children's Program Coordinator) [childrensprograms@sttimothy.ca](mailto:childrensprograms@sttimothy.ca)

Ed Connell (Music Director) [edward@sttimothy.ca](mailto:edward@sttimothy.ca)

Ashani Weerasinghe (Parish Admin.) [office@sttimothy.ca](mailto:office@sttimothy.ca)

Michael Clarke (People's Warden) [michaelclarke@sttimothy.ca](mailto:michaelclarke@sttimothy.ca)

Mary Pember (Rector's Warden) [marypember@sttimothy.ca](mailto:marypember@sttimothy.ca)

Bruce Cameron (Deputy People's Warden) [bcameron@sttimothy.ca](mailto:bcameron@sttimothy.ca)

Deb Danis (Deputy Rector's Warden) [debdanis@sttimothy.ca](mailto:debdanis@sttimothy.ca)

Janet Gordon (Treasurer) [janetg8094@gmail.com](mailto:janetg8094@gmail.com)

Jane Hutchinson [envelopesecretary@sttimothy.ca](mailto:envelopesecretary@sttimothy.ca)

Outreach Committee [outreach@sttimothy.ca](mailto:outreach@sttimothy.ca)

Christmas Kitchen Team [christmaskitchen@sttimothy.ca](mailto:christmaskitchen@sttimothy.ca)