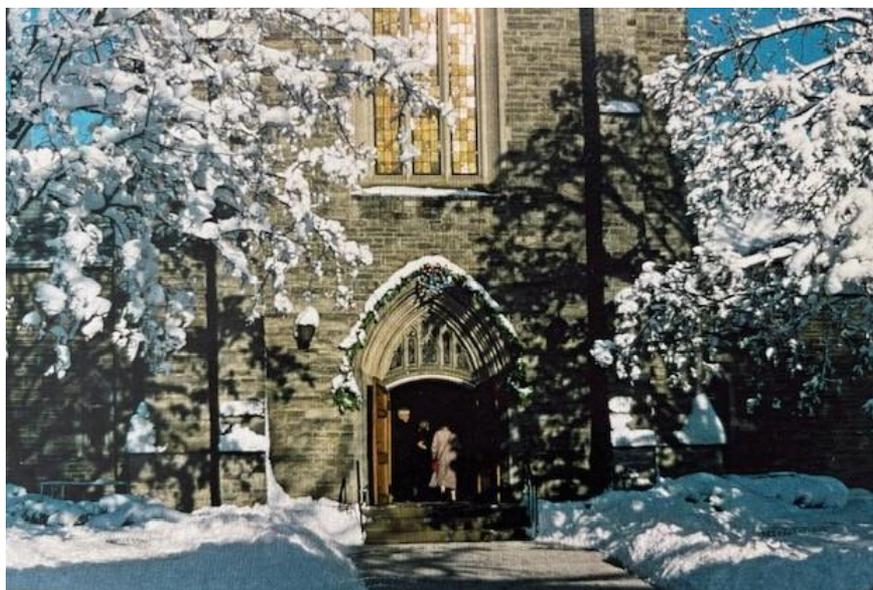




Program Guide

Church of St. Timothy

Parish Life During Lent



**100 Old Orchard Grove
Toronto, ON, M5M 2E2**

Phone 416-488-0079
www.StTimothy.ca

Worship & Special Services

Weekday Morning Prayer (Zoom, 9:30 a.m.)

A calm and prayerful start to the day, with reflections from the clergy Monday through Thursday and a more informal gathering on Fridays. Nurturing online fellowship and a strong community of support.



Weekday Eucharist (Winter Break)

Mid-week eucharist services will take a break over the winter months and resume in the spring.



First Sunday in Lent (Feb. 22, 10:00 a.m.)

The first Sunday of Lent recalls both the story of the forbidden fruit in Eden and Jesus' temptation in the wilderness. These paired readings invite reflection on our shared tendency to turn away from God's wisdom, and Christ's faithful turning toward it. As Lent begins, we consider the choices that shape our lives and the grace that sustains us in times of testing.



Second Sunday in Lent (Mar. 1, 10:00 a.m.)

God's call to Abram to leave the familiar and step into promise is heard alongside Nicodemus' nighttime conversation with Jesus about being "born from above." Together, these readings explore spiritual awakening and the invitation to start fresh that the season of Lent extends to us.



Third Sunday in Lent (Mar. 8, 10:00 a.m.)

From water flowing out of the rock in the wilderness to Jesus' offer of "living water" to the Samaritan woman, this Sunday centers on thirst—physical, spiritual, and communal. These stories invite us to recognize both our need and God's generosity, and to discover renewal where we may not expect it.



Fourth Sunday in Lent (Mar. 15, 10:00 a.m.)

Laetare—"Rejoice"—marks a gentle turning point in Lent. The anointing of David, chosen because God's sight reaches deeper than appearance, is paired with the giving of sight to the man born

blind. In the midst of this solemn season, this Sunday offers light, reminding us that grace is always at work within and among us.



Fifth Sunday in Lent (Mar. 22, 10:00 a.m.)

As Lent draws toward Holy Week, hope of new life emerges from places of death. Ezekiel’s valley of dry bones—reassembled and awakened with the breath of life—stands beside the raising of Lazarus from the tomb. These powerful images of restoration and awakening remind us that Easter awaits us "on the other side" of Holy Week.



Holy Week Services

The Sunday of the Palms & Passion (Mar. 29, 10:00 a.m.)

Holy Week begins with the Liturgy of the Palms, as we recall that people welcomed Jesus’ entry into Jerusalem with the waving of palm branches and the shouts of Hosanna.

The service then turns toward the Passion narrative from the Gospel of Matthew, tracing the movement from acclaim to abandonment and preparing us to walk the way of the cross through the days ahead.



Contemplative Stations of the Cross (Wed. Apr. 1, 11:30 a.m.)

This quiet midweek liturgy offers a brief Eucharist followed by the contemplation of the Stations of the Cross through visual art. Each station is represented by a painting and accompanied by brief descriptions and prayer prompts that invite personal, self-paced meditation on Christ's journey of suffering, compassion, and self-giving love.

For those who wish to come and pray on their own, the church will be open from 9:00 a.m. to 3:00 p.m., with reflection prompts available to guide personal contemplation.



Maundy Thursday (Apr. 2, 7:30 p.m.)

On the night before his death, Jesus gathered with his friends for a final meal, washed their feet, asked them to continue sharing bread and wine in memory of him, and gave the new commandment to love one another as he loved them.

This Eucharistic liturgy recalls the Last Supper and includes the symbolic washing of feet, expressing Christ's model of humble service.

The service concludes with the solemn stripping of the altar, representing the chaos, confusion, and denial at the time of Jesus' arrest, and the beginning of the watch with Christ in the garden.



Good Friday Intergenerational Service and Choir Recital (Apr. 3, 10:00 a.m.)

This intergenerational liturgy invites the whole parish family to encounter the story of the Passion together. Children will present the Passion Gospel narrative, followed by the time of meditation before the cross.

The service will be followed by a choral recital of Franz Liszt's *Via Crucis* (The Stations of the Cross), a profound 19th-century musical meditation on Christ's path to Calvary. Composed late in Liszt's life, when he had taken minor orders in the Catholic Church, the work combines stark simplicity with deep expressive intensity, alternating chant, chorales, and original music for choir, piano, and organ. It offers a space of shared listening and prayer at the heart of Good Friday.



The Great Vigil of Easter (Apr. 4, 6:00 p.m.)

The Easter celebration begins with the lighting of the new fire and the Paschal candle, as the symbol of the return of life and light into the space occupied by death. By candlelight we will hear the great arc of the salvation story told through the Scripture from creation through liberation and promise, before the first proclamation of Easter, the ringing of the bells, and the return of Alleluia into our worship after the Lenten hiatus.

The service continues with the renewal of baptismal vows and the first Eucharist of Easter.



The Resurrection of the Lord (Easter Day) (Sunday, Apr. 5, 10:00 a.m.)

Easter morning gathers us in joy to celebrate the resurrection of Christ and the renewal of life in God. With special music, proclamation, and Eucharist, we rejoice in the promise that love is stronger than death and that new creation has begun.

All are warmly invited to share in this festival of hope.



Formation (Adults)

Adult Education (Sundays, 8:30–9:30 a.m.)

Starting February 15th, our adult education sessions will explore the traditional Lenten disciplines—prayer, reading Scripture, almsgiving, and fasting—consider their scriptural roots, make connections to music and art, and brainstorm ways to practice these disciplines in contemporary life in a non-punitive and life-giving way.

There will be no study session on February 22nd.

Lenten Study Series (Mondays in Lent, 12:00nn)

An additional weekday Lenten study opportunity will take place on Mondays at noon, beginning February 23, with lunch provided. These sessions will focus on African American spirituals—sacred music that conveys themes especially fitting for

A poster for the Lenten Study Series. The background is a black and white image of a cross on a hill. The word "Lent" is written in large, purple, cursive letters in the top left, with "2026" below it. The dates "February 18 - April 04" are in the top right. In the center, the words "learn", "reflect", "simplify", and "give" are written in purple cursive, stacked vertically. At the bottom left, "St. Tim's Lenten Studies" is written in purple cursive. At the bottom right, there are two lines of text: "Sundays, 8:30 am: 'Lenten Disciplines'" and "Mondays, noon: 'Lenten Themes in African American Spirituals'".

Lent
2026

February 18
- April 04

learn
reflect
simplify
give

St. Tim's
Lenten
Studies

Sundays, 8:30 am:
"Lenten Disciplines"

Mondays, noon:
"Lenten Themes in African
American Spirituals"

this season of reflection and familiar to us through our choir's beautiful performances.

This series is intentionally experiential rather than academic, so please consider attending even if education sessions are not usually part of your routine.

To assist us with catering the lunch, please do contact the office 416-488-0079 or office@sttimothy.ca and let us know if you plan to attend.



Learning & Formation (Children & Youth)

Sunday Children's Ministry (age-specific groups during the 10 a.m. service)

The priest offers a children's message connected to the readings, often with visual or hands-on elements.

Younger Children (Preschool–Grade 4)

After the children's message, younger children begin by unpacking the story and readings for the day with simple prompts and worksheets prepared by the clergy.

The children will create a play based on a dramatic reading of The Passion led by Jackie from Sparks and will perform this play at the intergenerational Good Friday service.

Older Children & Teens (Grade 5 and up)

The older children, teens and interested adults will prepare to be confirmed or received into the Anglican Church.

Liturgical Leadership Training

Each week, children help lead worship by carrying crosses,

candles, or banners, and reading the first lesson. A few children leave their activities a little earlier, and help set up the altar, and ring the bells during the Eucharistic Prayer. Children lead the procession out of the church at the conclusion of the service, as they lead us in at the start.

Volunteer Opportunities

High-school students are welcome to earn volunteer hours by assisting with live-streaming and sound, serving in liturgical roles, greeting, working in the kitchen, and with younger children.



Community Care & Pastoral Support

Companions in Care

A circle of parishioners— lay pastoral visitors, lay anointers, prayer group members, informal caregivers, and anyone else who feels called to the ministry of care— meet for a short prayer service, Scripture reflection, and shared lunch, to support one another in offering pastoral and practical care. New members are welcome.



Lay Anointing

Every Sunday, during communion, lay anointers will position themselves in the children’s chapel and the side chapel ready to pray with and anoint those who wish to receive anointing.



Drop-in Pastoral Care (Tue–Thu, 1:00–2:00 p.m.)

Clergy are available in the church for conversation, prayer, or a quick check-in—no appointment needed.

The church space is open for personal prayer from 10:00 a.m. to 3:00 p.m. on Tuesday, Wednesday and Thursday. Please use the Ridley Boulevard entrance and let the office know if you intend to spend time in the church. Ring the buzzer if the door is locked.



Language & Arts

ESL Conversation Group (Tuesdays, 10:00 a.m.)

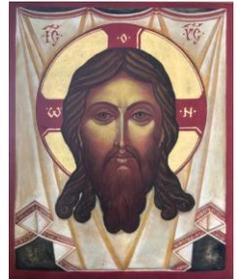
A new format for our gatherings has begun. Instead of having separate 10 a.m. and 11 a.m. sessions, we will have one combined session that begins at 10 a.m. We will start with a social time between 10 a.m. and 10:30 a.m., so that we have time to catch up and chat. The formal program will begin at 10:30 a.m. We plan to end at around 12 p.m.



Adult Art Group (Wed., 10:00 a.m.)

The Adult Art Group will be working with natural materials such as wood and chalk paint experimenting with the style resembling that of the Byzantine icons.

All adults are welcome to join.



Fellowship & Parish Groups

St. Andrew's Ladies' Group (Wed. 12:00 p.m. via Zoom)

Lunch and conversation with light knitting and planning for upcoming fundraising efforts.

New members are welcome.

Contact the office (office@sttimothy.ca) to be connected with Janet Fraser, the chair.



Book Clubs

Round Table (First Sunday of the Month via Zoom)

This group is designed to read books related to our “Spiritual Journey” and encourage a sharing of thoughts in an accepting, non- judgmental atmosphere. Group members choose books that interest them and stimulate discussion.

New members welcome!

Contact the office (office@sttimothy.ca) to be connected with Wendy Fraser, the convenor.

St. Tim's Book Club (4th Tuesday of the Month, 1:00 p.m.)

Books are chosen from what is available at the library. Members are encouraged to make suggestions of books to read. It is a very relaxed book group and new members are welcome!

Contact the office (office@sttimothy.ca) to be connected with Mary Kirton, the convenor.

C Group (3rd Thursday of the Month, 12:00 p.m.)

Members select books to read and unpack together. The reading is at a leisurely pace as there is always lots of discussion on a wide variety of topics. All are welcome to attend.

Contact the office (office@sttimothy.ca) to be connected with David DeGrasse, the convenor.



Sunday Volunteer Opportunities

Choir Practices (Alternate Thurs., 7:30 p.m.)

New members are welcome. You do not need to know how to read music to join.

Contact music director,
Ed Connell at
edward@sttimothy.ca



Sanctuary Guild and Servers Guild

Both these groups welcome new members. No prior experience required. Training will be provided as needed.



Audio Visual Assistants

This very important ministry is looking for members to help run the live stream equipment. Training will be provided. Contact Jonathan Kang at associate@sttimothy.ca to sign up.



Donating to the Church

We encourage all of you to continue to give generously in support of the work that continues at St. Tim's. The needs are great.

- Pre-Authorized Giving (PAG) – If you are already on pre-authorized giving you do not need to do anything and we are very grateful for your continued support.

If you would like to shift to pre-authorized giving, even if only in the short term, please contact Jane Hutchinson, at envelopesecretary@sttimothy.ca

- Envelopes & Cheques – If you use envelopes, we encourage you to either put them on the collection plate or mail them in, addressed to The Envelope Secretary.
- Online Donations – We are able to receive electronic transfers (e-transfers). To donate, **add** Church of St. Timothy to your payee list and e-transfer your donation to office@sttimothy.ca

