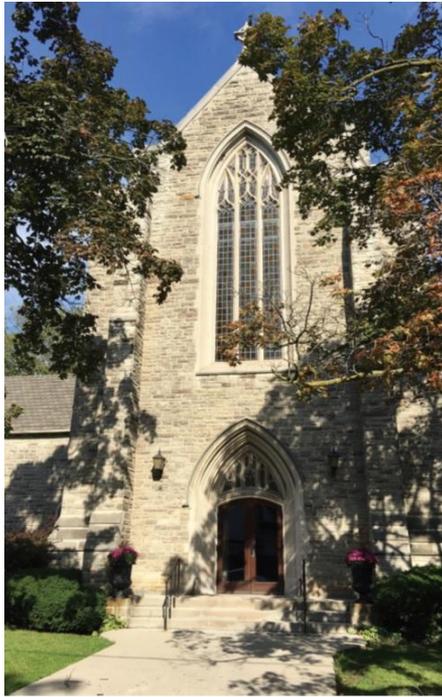


# Welcome to St Timothy's

Living our faith in Jesus Christ  
with Open Arms, Open Hearts, Open Minds

## Morning Prayer

February 26th, 2026 at 9:30am



Welcome to St. Timothy's! We are an Anglican church with a deep commitment to community. We seek to live our faith in a spirit of welcome for all, compassion for those in need, and a willingness to approach our faith and our culture with inquiring minds.

We are people who, together, long to welcome, serve, and understand. We hope that you will experience that welcome and, if you are a visitor, consider making us your church home.

# *Lenten FERIA*

*Please turn off your video and mute yourself  
before the service begins.*

*Welcome*

*Opening Sentences*

Leader: O Lord, open our lips,

**All: and our mouth shall proclaim your praise.**

Leader: Hear our voice, O Lord, according to your faithful  
love,

**All: according to your judgement give us life.**

*A Song of Penitence*

Have mercy on me, O God, in your great goodness;  
according to the abundance of your compassion  
blot out my offences.

**Wash me thoroughly from my wickedness  
and cleanse me from my sin.**

For I acknowledge my faults  
and my sin is ever before me.

**Against you only have I sinned  
and done what is evil in your sight,**

So that you are justified in your sentence  
and righteous in your judgement.

**Cast me not away from your presence  
and take not your holy spirit from me.**

Give me again the joy of your salvation  
and sustain me with your gracious spirit;

**Then shall I teach your ways to the wicked  
and sinners shall return to you.**

Deliver me from my guilt, O God,  
the God of my salvation,  
and my tongue shall sing of your righteousness.

Glory to the Father and to the Son  
and to the Holy Spirit;

**as it was in the beginning is now  
and shall be for ever. Amen.**

Leader: The night has passed, and the day lies open  
before us; let us pray with one heart and mind.

*Silence is kept.*

Leader: As we rejoice in the gift of this new day, so may  
the light of your presence, O God, set our hearts  
on fire with love for you; now and for ever.

**All: Amen.**

*Psalm 50: 1 – 6*

The mighty one, God the Lord,  
speaks and summons the earth  
from the rising of the sun to its setting.

**Out of Zion, the perfection of beauty,  
God shines forth.**

Our God comes and does not keep silence,  
before him is a devouring fire,  
and a mighty tempest all around him.

**He calls to the heavens above  
and to the earth, that he may judge his people:**

‘Gather to me my faithful ones,  
who made a covenant with me by sacrifice!’

**The heavens declare his righteousness,  
for God himself is judge.**

Glory to the Father and to the Son  
and to the Holy Spirit;

**as it was in the beginning is now  
and shall be for ever. Amen.**

*Reading*

When he returned to Capernaum after some days, it was reported that he was at home. So many gathered around that there was no longer room for them, not even in front of the door; and he was speaking the word to them. Then some people came, bringing to him a paralysed man, carried by four of them. And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and

after having dug through it, they let down the mat on which the paralytic lay. When Jesus saw their faith, he said to the paralytic, 'Son, your sins are forgiven.' Now some of the scribes were sitting there, questioning in their hearts, 'Why does this fellow speak in this way? It is blasphemy! Who can forgive sins but God alone?' At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them, 'Why do you raise such questions in your hearts? Which is easier, to say to the paralytic, "Your sins are forgiven", or to say, "Stand up and take your mat and walk"? But so that you may know that the Son of Man has authority on earth to forgive sins' —he said to the paralytic—'I say to you, stand up, take your mat and go to your home.' And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, 'We have never seen anything like this!'

*Mark 2: 1 - 12*

Reader: Listen to what the Spirit is saying to the churches.

**All: Thanks be to God.**

### *Thought for the Day*

*Silent reflection.*

### *Prayers of Intercession*

Leader: We come before the Son of God, crucified and risen, who eternally intercedes for us to the

Father, saying, "Lord, have mercy."

For the one holy catholic and apostolic Church throughout the world, we pray to you, Lord.

**All: Lord, have mercy.**

Leader: For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth, we pray to you, Lord.

**All: Lord, have mercy.**

Leader: For those preparing for baptism and for their teachers and sponsors, we pray to you, Lord.

**All: Lord, have mercy.**

Leader: For peace in the world, that a spirit of respect and reconciliation may grow among nations and peoples, we pray to you, Lord.

**All: Lord, have mercy.**

Leader: For the poor, the persecuted, refugees, prisoners, and all in danger; for the sick, and all who suffer (especially ...); that they may be relieved and protected, we pray to you, Lord.

**All: Lord, have mercy.**

Leader: For all whom we have injured or offended, we pray to you, Lord.

**All: Lord, have mercy.**

Leader: Lord, you brought us the gift of life and opened the way to unending joy. For (... and) all those who have died, we pray to you, Lord.

**All: Lord, have mercy.**

Leader: For grace to amend our lives and to further the reign of God, we pray to you, Lord.

**All: Lord, have mercy. Amen.**

### *The Collect for the Day*

Leader: Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**All: Amen.**

### *The Lord's Prayer*

Leader: Trusting in the compassion of God,  
let us pray with confidence as our Saviour has taught us,

**All:**        **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

*The Dismissal*

**Leader:**    **May God our Redeemer show us compassion and  
love.**

**All:**        **Amen.**

**Leader:**    **Let us bless the Lord.**

**All:**        **Thanks be to God.**