

# **Welcome to St Timothy's**

**Living our faith in Jesus Christ  
with Open Arms, Open Hearts, Open Minds**

## **Morning Prayer**

July 31st, 2025 at 9:30am



Welcome to St. Timothy's! We are an Anglican church with a deep commitment to community. We seek to live our faith in a spirit of welcome for all, compassion for those in need, and a willingness to approach our faith and our culture with inquiring minds.

We are people who, together, long to welcome, serve, and understand. We hope that you will experience that welcome and, if you are a visitor, consider making us your church home.

# *Feria*

*Please turn off your video and mute yourself  
before the service begins.*

## *Welcome*

### *Opening Sentences*

Leader: O Lord, open our lips,

**All: and our mouth shall proclaim your praise.**

Leader: Blessed are you, creator of all,  
to you be praise and glory for ever.  
As your dawn renews the face of the earth  
bringing light and life to all creation,  
may we rejoice in this day you have made;  
as we wake refreshed from the depths of sleep,  
open our eyes to behold your presence  
and strengthen our hands to do your will,  
that the world may rejoice and give you praise.  
Blessed be God, Father, Son and Holy Spirit.

**All: Blessed be God for ever.**

Leader: The night has passed, and the day lies open  
before us; let us pray with one heart and mind.

*Silence is kept.*

Leader: As we rejoice in the gift of this new day, so may  
the light of your presence, O God, set our hearts  
on fire with love for you; now and for ever.

All: Amen.

### *Psalm 71*

In you, O Lord, I take refuge;  
let me never be put to shame.

**In your righteousness deliver me and rescue me;  
incline your ear to me and save me.**

Be to me a rock of refuge,  
a strong fortress, to save me,  
for you are my rock and my fortress.

**Rescue me, O my God, from the hand of the wicked,  
from the grasp of the unjust and cruel.**

For you, O Lord, are my hope,  
my trust, O Lord, from my youth.

**Upon you I have leaned from my birth;  
it was you who took me from my mother's womb.  
My praise is continually of you.**

I have been like a portent to many,  
but you are my strong refuge.

**My mouth is filled with your praise,  
and with your glory all day long.**

Do not cast me off in the time of old age;  
do not forsake me when my strength is spent.

**For my enemies speak concerning me,  
and those who watch for my life consult together.**

They say, 'Pursue and seize that person  
whom God has forsaken,  
for there is no one to deliver.'

**O God, do not be far from me;**

**O my God, make haste to help me!**

Let my accusers be put to shame and consumed;  
let those who seek to hurt me  
be covered with scorn and disgrace.

**But I will hope continually,**

**and will praise you yet more and more.**

My mouth will tell of your righteous acts,  
of your deeds of salvation all day long,  
though their number is past my knowledge.

**I will come praising the mighty deeds of the Lord  
God,**

**I will praise your righteousness, yours alone.**

O God, from my youth you have taught me,  
and I still proclaim your wondrous deeds.

**So even to old age and grey hairs,**

**O God, do not forsake me,**

**until I proclaim your might**

**to all the generations to come.**

Your power and your righteousness, O God,  
reach the high heavens.

You who have done great things,

O God, who is like you?

**You who have made me see many troubles and  
calamities will revive me again;**

**from the depths of the earth**

**you will bring me up again.**

You will increase my honour,  
and comfort me once again.

**I will also praise you with the harp  
for your faithfulness, O my God;  
I will sing praises to you with the lyre,  
O Holy One of Israel.**

My lips will shout for joy  
when I sing praises to you;  
my soul also, which you have rescued.

**All day long my tongue will talk of your righteous  
help,  
for those who tried to do me harm  
have been put to shame, and disgraced.**

Glory to the Father and to the Son  
and to the Holy Spirit;  
**as it was in the beginning is now  
and shall be for ever. Amen.**

### *Reading*

When Saul's son Ishbaal heard that Abner had died at Hebron, his courage failed, and all Israel was dismayed. Saul's son had two captains of raiding bands; the name of one was Baanah, and the name of the other Rechab. They were sons of Rimmon, a Benjaminite from Beeroth—for Beeroth is considered to belong to Benjamin. (Now the people of Beeroth had fled to Gittaim and are there as resident aliens to this day).

Saul's son Jonathan had a son who was crippled in his feet. He was five years old when the news about Saul and

Jonathan came from Jezreel. His nurse picked him up and fled; and, in her haste to flee, it happened that he fell and became lame. His name was Mephibosheth.

Now the sons of Rimmon the Beerothite, Rechab and Baanah, set out, and about the heat of the day they came to the house of Ishbaal, while he was taking his noonday rest. They came inside the house as though to take wheat, and they struck him in the stomach; then Rechab and his brother Baanah escaped. Now they had come into the house while he was lying on his couch in his bedchamber; they attacked him, killed him, and beheaded him. Then they took his head and travelled by way of the Arabah all night long. They brought the head of Ishbaal to David at Hebron and said to the king, 'Here is the head of Ishbaal, son of Saul your enemy who sought your life; the Lord has avenged my lord the king this day on Saul and on his offspring.'

David answered Rechab and his brother Baanah, the sons of Rimmon the Beerothite, 'As the Lord lives, who has redeemed my life out of every adversity, when the one who told me, "See, Saul is dead", thought he was bringing good news, I seized him and killed him at Ziklag—this was the reward I gave him for his news. How much more then, when wicked men have killed a righteous man on his bed in his own house! And now shall I not require his blood at your hand, and destroy you from the earth?' So David commanded the young men, and they killed them; they cut off their hands and feet, and hung their bodies beside the pool at Hebron. But the head of Ishbaal they took and buried in the tomb of Abner at Hebron.

*2 Samuel 4: 1 – 12*

Reader: Listen to what the Spirit is saying to the churches.

**All: Thanks be to God.**

### *Prayers of Intercession*

Leader: Let us pray together to the Lord, saying, "Lord, hear our prayer."

Loving God, we thank you for your many gifts to us, for the love which brings us together, for the earth which provides for our needs, for the new life you have given us in Jesus Christ, (for . . .).  
Let us pray to the Lord.

**All: Lord, hear our prayer.**

Leader: We pray to you for our Christian family (especially for . . .) and for grace to grow in your love. Let us pray to the Lord.

**All: Lord, hear our prayer.**

Leader: We pray to you for our world, for all its cares and needs, and for all who lead us and care for us, (especially . . .)

Let us pray to the Lord.

**All: Lord, hear our prayer.**

Leader: We pray to you for those in need, for the sick and the lonely, for the hurt and the frightened, and for those who live without hope (especially . . .).

Let us pray to the Lord.

**All: Lord, hear our prayer.**

Leader: We pray for those we love who have died, that  
you will surround them with your care and love  
(especially . . .)

Let us pray to the Lord.

**All: Lord, hear our prayer.**

Leader: We pray for one another, asking you to bless us,  
our friends, and relatives. Bless the places where  
we work, bless our homes and our life together.  
Let us pray to the Lord.

**All: Lord, hear our prayer.**

Leader: Let us commend ourselves, and all for whom we  
pray, to the mercy and protection of God.

**All: Amen.**

### *The Collect for the Day*

Leader: Merciful God,  
you have prepared for those who love you  
such good things as pass our understanding:  
pour into our hearts such love toward you  
that we, loving you in all things and above all  
things,  
may obtain your promises,  
which exceed all that we can desire;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**All: Amen.**



### *The Lord's Prayer*

Leader: Let us pray with confidence as our Saviour has taught us,

**All: Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

### *The Dismissal*

Leader: The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.

**All: Amen.**

Leader: Let us bless the Lord.

**All: Thanks be to God.**