

# Welcome to St Timothy's

Living our faith in Jesus Christ  
with Open Arms, Open Hearts, Open Minds

## Morning Prayer

May 31st, 2023 at 9:30am



Welcome to St. Timothy's! We are an Anglican church with a deep commitment to community. We seek to live our faith in a spirit of welcome for all, compassion for those in need, and a willingness to approach our faith and our culture with inquiring minds.

We are people who, together, long to welcome, serve, and understand. We hope that you will experience that welcome and, if you are a visitor, consider making us your church home.

# *The Visit of the Blessed Virgin Mary to Elizabeth*

*Please turn off your video and mute yourself  
before the service begins.*

*Welcome*

## *Opening Sentences*

Presider: O Lord, open our lips,

**All: and our mouth shall proclaim your praise.**

Presider: Blessed are you, creator of all,  
to you be praise and glory for ever.

As your dawn renews the face of the earth  
bringing light and life to all creation,  
may we rejoice in this day you have made;  
as we wake refreshed from the depths of sleep,  
open our eyes to behold your presence  
and strengthen our hands to do your will,  
that the world may rejoice and give you praise.  
Blessed be God, Father, Son and Holy Spirit.

**All: Blessed be God for ever.**

Presider: The night has passed, and the day lies open  
before us; let us pray with one heart and mind.

*Silence is kept.*

Presider: As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever.

**All: Amen.**

### *Psalm 113*

Praise the Lord!

Praise, O servants of the Lord;  
praise the name of the Lord.

**Blessed be the name of the Lord  
from this time on and for evermore.**

From the rising of the sun to its setting  
the name of the Lord is to be praised.

**The Lord is high above all nations,  
and his glory above the heavens.**

Who is like the Lord our God,  
who is seated on high,  
who looks far down  
on the heavens and the earth?

**He raises the poor from the dust,  
and lifts the needy from the ash heap,  
to make them sit with princes,  
with the princes of his people.**

He gives the barren woman a home,  
making her the joyous mother of children.  
Praise the Lord!

Glory to the Father and to the Son  
and to the Holy Spirit;  
**as it was in the beginning is now  
and shall be for ever. Amen.**

### *Reading*

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'

And Mary said,

'My soul magnifies the Lord,

and my spirit rejoices in God my Saviour,

for he has looked with favour on the lowliness of his servant.

Surely, from now on all generations will call me blessed;  
for the Mighty One has done great things for me,  
and holy is his name.

His mercy is for those who fear him

from generation to generation.

He has shown strength with his arm;

he has scattered the proud in the thoughts of their hearts.

He has brought down the powerful from their thrones,  
and lifted up the lowly;

he has filled the hungry with good things,  
and sent the rich away empty.  
He has helped his servant Israel,  
in remembrance of his mercy,  
according to the promise he made to our ancestors,  
to Abraham and to his descendants for ever.’  
And Mary remained with her for about three months and  
then returned to her home.  
Now the time came for Elizabeth to give birth, and she bore  
a son.

*Luke 1: 39 – 57*

Reader: Listen to what the Spirit is saying to the churches.

**All: Thanks be to God.**

### *Thought for the Day*

*Silence is kept for reflection.*

### *Prayers of Intercession*

Leader: Lord God, through your grace we are your  
people:  
through your Son you have redeemed us;  
in your Spirit you have made us your own.

That this day may be holy, good and joyful:  
Lord, receive our praise,

**All: and hear our prayer.**

Leader: That we may offer to you our worship and our work and that you will keep us this day without sin:

Lord, receive our praise,

**All: and hear our prayer.**

Leader: That we may strive for the well-being of all creation and that we may walk before you in the paths of righteousness and peace:

Lord, receive our praise,

**All: and hear our prayer.**

Leader: That you will bless your people and lift them up for ever especially ... (the sick and those in need). That in the pleasures and pains of life, we may know the love of Christ and be thankful:

Lord, receive our praise,

**All: and hear our prayer.**

Leader: That you will guide and protect us by your Holy Spirit and bring us with your saints to glory everlasting:

Lord, receive our praise,

**All: and hear our prayer.**

Leader: Let us commend ourselves, and all for whom we pray, to the mercy and protection of God.

**All: Amen.**

### *The Collect for the Day*

Presider: Mighty God,  
by whose grace Elizabeth rejoiced with Mary  
and greeted her as the mother of the Lord:  
look with favour on your lowly servants  
that, with Mary, we may magnify your holy name  
and rejoice to acclaim her Son our Saviour,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**All: Amen.**

### *The Lord's Prayer*

Presider: Let us pray with confidence as our Saviour has  
taught us,

**All: Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

*The Dismissal*

Presider: The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.

**All: Amen.**

Presider: Let us bless the Lord.

**All: Thanks be to God.**